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Nordplus

# FINLAND

**PRESENTATION 2025**

A land of stunning landscapes,  
innovative technology, and a culture  
of happiness and well-being.

**Presented By** Aada, Helen and Nadia



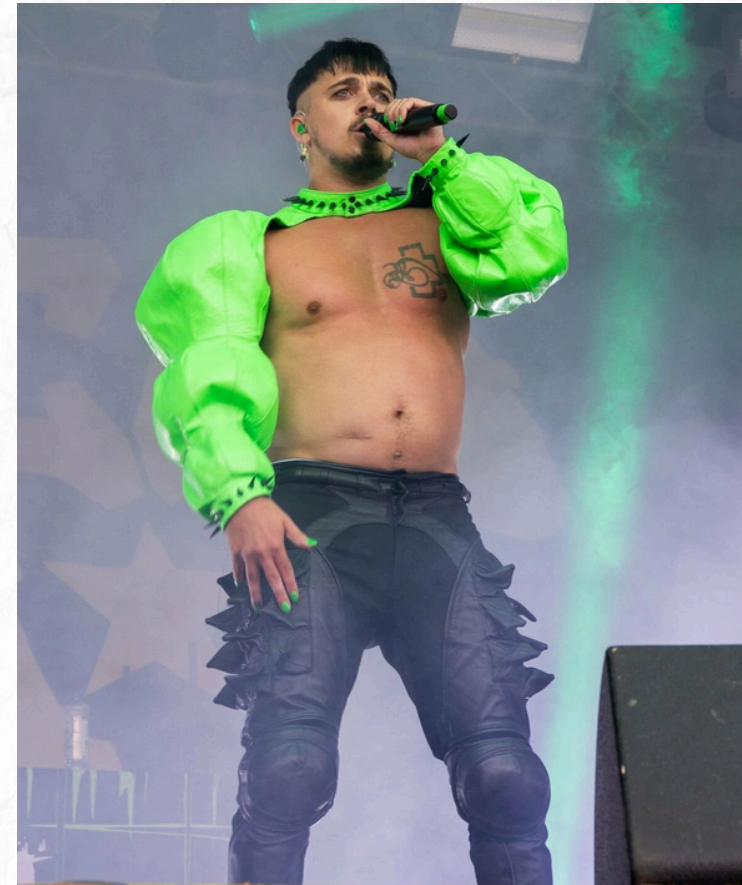


# Finland's geography

- Finland is bordered by Sweden, Russia and Norway.
- Finland is known as the "Land of a Thousand Lakes" it has about 180,000 lakes. **Saimaa** is the largest lake in Finland and fourth largest in Europe.
- Around 75% of Finland is covered by forests, mainly coniferous trees like pines and spruces.
- Capital city of Finland is Helsinki, located in the southern part of the country.
- Finland's population is approximately 5.5 million people.







# Famous people

Our president is Alexander Stubb.

The most famous artist is Käärijä.

Iivo Niskanen is famous skier.

Tove Jansson has invented The Moomins.



# Top Destinations in Finland

## ➔ Helsinki

Helsinki is a lively city with a mix of modern buildings, historic sites, and beautiful coastal views.





## ➔ Lapland

Lapland, located in the far north of Finland, is known for its snowy landscapes, the Northern Lights, and being home to Santa Claus.



## ➔ Turku

Turku, Finland's oldest city, offers rich history, stunning nature, and cultural events. Highlights include the medieval castle and the beautiful archipelago, along with delicious local food.





# 5 Fun facts about Finland

## ✓ Coffee fact

Finns are the world's top coffee drinkers, consuming an average of about 12 kg of coffee per person per year!

## ✓ Saunas everywhere

There are about 2 million saunas in Finland. Almost 90% of Finns take a sauna once a week

## ✓ Finnish ice swimming

In winter, many Finns practice ice swimming, where they take a dip in freezing cold water.

## ✓ Moomins

Every finnish home is likely to have at least 1 moomin mug

## ✓ Sweets

Salmiakki, or Finnish salty licorice, is a popular candy in Finland. It has a strong, salty flavor derived from ammonium chloride.







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