



Natural resources – visit in Iceland – October 2023



Nordplus week in Iceland October 1st – October 6th

Sunday 1.10

8:35	Keflavík airport	The Finnish group arrives – transfer to B47 – walk to the centre
22:30	Keflavík airport	The Norwegian group arrives – transfer to B47

Monday 2.10

Time	Place	Activity
8:00	Departure from B47	Drive to Höfn
10:00 – 10:30	Skógafoss waterfall	Sightseeing
11:00 – 11:20	Vík	Short stop for wc
12:30 – 13:45	Kirkjubæjarklaustur	Visitor centre of Vatnajökull National Park – lunch
15:30 – 16:15	Glacier lagoon	Sightseeing
17:30 – 17:45	Arriving in Höfn	Meeting the host families – dinner
20:00 – 22:00	Meeting up with the students	Sport and games at Mánagarður – private cars

Tuesday 3.10

Time	Place	Activity
8:30	Meeting at FAS	
8:35 – 9:00	The school and the building Nýheimar	Sightseeing
9:05 – 10:05	Natural resources – presentation	From each country – we use the information in our project work
10:05 – 10:20	Break (oatmeal)	
10:20 – 11:55	Skinney – Þinganes	Walk to the harbour - visit to the fish factory in town – outdoor clothing
11:55 – 12:25	Lunch break	
12:30 – 13:15	Our partners in the project	Presentations about Finland and Norway and their main resources



13:20 – 16:00	Project work	
16:30 – 18:00	Selectively in the afternoon – Swimming pool in Höfn	Swimsuits
	Dinner with host families	
19:30 – 22:00	Þrykkjan	Meeting up with the students in – the youth centre in town

Wednesday 4.10

Time	Place	Activity
8:30	Meeting at FAS	
8:35 – 10:20	Project work	
10:05 – 10:20	Break (oatmeal)	
10:20 – 11:55	Höfn – our town	From past to present – the towns resources – walk to the oldest part in town
11:55 – 12:25	Lunch break	
12:30 – 15:00	Project work	
15:00 – 18:00	Stokksnes and the Viking village	Private cars
19:00 – 21:00	Farwell dinner at Hafið	Taste and try the Icelandic food

Tuesday 5.10

Time	Place	Activity
8:30	Meeting at FAS	
8:35 – 10:20	Project work	
10:05 – 10:20	Break (oatmeal)	
10:20 – 11:55	Project work	Now you must finish everything and prepare for the presentation
11:55 – 12:25	Lunch break	
12:30 – 14:15	Result of the visit and an evaluation of the project	
14:30	Departure from FAS	



19:30 – 20:15	KFC in Selfoss	
21:15	Arriving in Konvin Hotel in Keflavík	

Friday 6.10

Time	Place	Activity
5:00	Breakfast	
5:40	Shuttle to the airport	
7:50	Departure to Oslo	
9:25 -	Departure to Helsinki	